## The Chicagoland Youth Football League - One Team, One Family



## 2021 TCYFL COVID 19 GUIDANCE

The following guidance is being issued for the management of COVID-19. TCYFL is following the guidance and direction provided by the Illinois Department of Public Health (IDPH) and the Illinois High School Association (IHSA). Attached and included in this memo is information on what to do if someone is diagnosed with COVID-19. The following applies:

- If a player, coach, helper, parent is diagnosed with COVID-19 they are to quarantine immediately for the 10-14 days as directed.
- The Community should notify anyone that they believe may have come in contact with that individual that "someone" has been diagnosed with COVID-19 and is quarantining. No specific name(s) should be shared.
- The rest of the team, coaching staff, etc., does NOT need to quarantine, however they should be instructed that if they do have any symptoms or don't feel well, to not come to practice or the game and to get tested for COVID-19.
- Any individual that has been quarantined with COVID-19 MUST get tested and receive a NEGATIVE TEST before returning.

## **Social Distance and Sanitation**

- All participants are encouraged to use sanitizer before and after practice.
- When possible, a minimum distance of 6 feet will be kept. When on the sidelines, players should do their best to keep some separation.
- All equipment(bags) that is used is to be sanitized after every use
- Participants are required to bring their own water (no water will be provided). All players and coaches should never share water bottles.
- Teams are to stay in their designated area which has been assigned.
- Parents will be asked to sit in the area their children will be participating in.